

HELPFUL CONTACTS

Pre-Marriage Counselling

As you enter this next stage of your relationship together, we'd like to encourage you to make your marital foundation as strong as possible. Check out this list of helpful contacts and counselling for you to access as needed. Couples counselling is not only for those who are struggling; it can be used to strengthen relationships, increase connections and encourage healthy communication. The team at Just I Do wish you all the best in this new chapter of life together.

Martina Magnery Counselling & Psychotherapy

Pre-commitment / Pre-marriage counseling gives you the guidance and knowledge for attaining and maintaining an exceptional relationship. I will help you to clarify and navigate the expectations and lifestyle choices a committed couple encounters.

<https://www.martinamagnery.com.au/couples-counselling/>



Pre-Marriage Counselling Courses

The Hartcentre - Helping you create loving relationships.

Our pre-marriage counseling courses have been designed using 20+ years of marriage counselling experience to dramatically increase your chance of a happy, successful marriage.

<https://www.thehartcentre.com.au/our-counselling/pre-marriage-insight-program/>



Marriage and Relationship Education - Catholic Care

Our team of professional educators use clinical tools to deepen the connection between couples in preparation for a sacramental marriage. Couples reflect on their relationship, build marriage and relationship skills and establish core values, goals and aspirations as a couple.

<https://www.catholiccare.org/family-and-individual-services/counselling-and-relationships/marriage-and-relationship-education/>



The Pre-Marriage Course - The Marriage Course

The Pre-Marriage Course is a series of five sessions, designed for couples considering marriage, whether engaged or not, and wishing to build a strong and lasting relationship. While based on Christian principles, it is relevant and helpful for any couple with or without a Christian faith or church background.

<https://themarriagecourse.org/try/the-pre-marriage-course>

